

RESEARCH
Effect of slaughter weight on the carcass value of young crossbred ('Polish Holstein Friesian' × 'Limousin') steers and bulls
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Apart from others factors, carcass quality is determined by the animal's age and body weight (BW) at the end of the fattening period. The aim of this study was to determine the optimum finishing weight of young crossbred 'Polish Holstein Friesian' (PHF) × 'Limousin' (LIM) steers and bulls, based on their slaughter value. The experimental materials comprised 60 animals, including 30 bulls and 30 steers, fed farm-made feeds. At 2 or 3 wk of age, one half of calves were castrated. Bloodless castration was carried out using a rubber elastrator. Calves were reared under a conventional system, and were fattened semi-intensively. Daily gains ranged from 800 to 950 g. Calves were fattened to 450, 500, 550, or 600 kg BW. Carcass value was estimated after slaughter. Fatty acid profile was determined by gas chromatography in fat extracted from samples of muscle *longissimus dorsi* (MLD). Bulls, compared with steers, were characterized by a higher slaughter value, including a higher carcass dressing percentage by 1.07-2.60%, higher carcass conformation, and lower carcass fatness. In steers, an increase in live BW was accompanied by a considerable increase in fat content (higher than bulls), as confirmed by a significant ($p \leq 0.01$) interaction. The intramuscular fat of bulls was characterized by higher concentrations of fatty acids delivering health benefits, and a more desirable polyunsaturated fatty acids/saturated fatty acids (PUFA/SFA) ratio. Fat from bulls contained higher levels of PUFAs by 2.34 g 100 g⁻¹ on average. Semi-intensive fattening of PHF × LIM bulls to slaughter weight of 600 kg BW is recommended due to an increase in carcass value. Steers should be fattened to slaughter weight of 500-550 kg BW to prevent excessive fat deposition.

Key words: Bulls, fatness, fatty acids, slaughter value, slaughter weight, steers.

INTRODUCTION

Beef, which together with milk belongs to the most important bovine products, has a high nutritional value. In Poland, similarly as in many other countries (mostly European), beef production is based mainly on dairy cattle breeds. The carcasses of dairy cattle have a low dressing percentage, their meat is less valuable and cheaper than beef cattle meat, and it is mostly used as raw material for further processing. Thus, beef producers relying on dairy herds cannot compete successfully on international markets (Seredyn, 2006). Other problems faced by beef producers are too low slaughter weight of cattle and discrepancy between feeding system and fattening ability of animals, which adversely affects carcass and meat quality (Sami et al., 2004; Basarab et al., 2007; Węglarz, 2010). In order to increase beef production and improve meat quality, F₁ hybrids produced by commercial crossing could be used for fattening, and purebred beef cattle

herds should be developed. The offspring produced by commercial crossing are characterized by higher fattening performance and higher slaughter quality (Nogalski and Kijak, 2001; Nogalski et al., 2013). The slaughter value of cattle and carcass quality are associated with participation in carcass components with higher commercial value (Śmiecińska and Wajda, 2008). Beef carcasses assigned to higher conformation classes under the EUROP scheme have higher weights of five primal cuts, and the proportions of the most valuable cuts in the carcass affect its overall quality (Choroszy et al., 2009).

Steers, compared with bulls, are characterized by a slower growth rate and lower feed efficiency, but their meat has a higher intramuscular fat content, it is lighter, tender, and has higher water-holding capacity (Purchas et al., 2002). In countries that are leaders in commercial beef production, meat from steers remains in high demand on specialty markets and it is sold to restaurants at high prices (Vieira et al., 2007). The side effects of calf castration include lower feed efficiency, lower daily gains, prolonged fattening and a high fat content of meat which is not always accepted by consumers. The benefits of castration include lowering testosterone levels, which is particularly important during the pre-slaughter period as it prevents the depletion of energy reserves required for decreasing muscle pH (Steen, 1995). Castration reduces

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aggressiveness (fighting between males) and prevents manifestations of sexual behavior (Price et al., 2003), thus making the animals easier and safer to handle.

Apart from genetic factors (cattle breeds used for crossing and producing hybrids), carcass quality is also determined by the animal's age and body weight (BW) at the end of fattening period. The latter factors are closely related to the feeding regime (Toro et al., 2009; Morales et al., 2012). Due to low profitability of beef production, beef cattle are usually fattened under semi-intensive conditions and are fed cheap farm-made feeds. Sharman et al. (2013) demonstrated that only feeding moderate-energy diets to steers allows producing high-quality beef with an optimal fat content. According to Lengyel et al. (2003), intramuscular fat content of beef cuts is affected by the length of fattening period and final BW of cattle. Intramuscular fat is a key driver of beef tenderness and flavor, and it is considered beneficial to consumer health. The taste and health-promoting properties of beef are determined by both the amount and quality of fat. Beef owes its specific attributes to the presence of vitamins, phospholipids, sphingomyelin, lysozyme, lactoferrin, and polyunsaturated fatty acids (PUFAs: conjugated linoleic acid [CLA], arachidonic acid [AA], docosahexaenoic acid [DHA], eicosapentaenoic acid [EPA]). The above biologically active substances are known to have antineoplastic, antioxidant, immune-boosting, and antibacterial properties. They also prevent excessive fat deposition (Harris, 2001). Conjugated linoleic acid is a potent antioxidant which prevents and inhibits cancer cell growth. A high n-6 to n-3 ratio of dietary PUFAs is considered a risk factor for some lifestyle diseases. In the modern Western diet, n-6/n-3 PUFA ratio is 10-15:1, whereas its optimal range is 2-4:1 (Breslow, 2006). A natural and cost-effective way to improve health benefits of beef could be a low-intensity feeding system based on increased roughage to concentrate ratio in the diet, aimed at reducing growth rate of finishing cattle (Rule et al., 1995). Such rations have a more desirable fatty acid profile, in comparison with diets with a high proportion of concentrates, and they positively affect fatty acid composition of animal tissue (Noci et al., 2005).

In Poland, 'Limousin' bulls are most frequently crossed with dairy cows to produce beef hybrids. The objective of this study was to determine the optimum finishing weight of young crossbred 'Polish Holstein Friesian' (PHF) × 'Limousin' (LIM) steers and bulls, fed farm-made feeds, based on their slaughter value.

MATERIALS AND METHODS

Experimental material

The experimental materials comprised 60 animals, including 30 beef bulls and 30 beef steers, produced by crossing 'Polish Holstein Friesian' (PHF) heifers and cows with 'Limousin' (LIM) bulls. Calves of known origin

purchased at 2 or 3-wk of age were placed in a rearing facility at the Agricultural Experiment Station in Bałczyn. One half of calves were castrated at purchase. Bloodless castration was carried out using a rubber elastrator. Calves were fed milk replacer, hay, and concentrate, followed by haylage. Starting from 6-mo of age, steers and bulls were fattened in a semi-intensive production system. Daily gains ranged from 800 to 950 g, and they were 50-100 g higher in bulls than in steers. Silage made from wilted grass (first cut), supplemented with concentrate (rapeseed meal, ground triticale, minerals) was provided *ad libitum*. The percentage of feedstuffs in the ration was calculated based on the energy density of diets in accordance with the Institut National de la Recherche Agronomique (INRA) feed evaluation system (INRA, 1993), using models for beef steers or commercial crosses. The average nutritional value of diets per kg DM was 0.98 UFV (feed unit for meat production from French unité fourragère viande) and 161 g total protein. Calves were fed concentrate I to 300 kg BW, followed by concentrate II (> 300 kg BW) (Table 1).

Animals were fed a total mixed ration (TMR) *ad libitum*, composed of grass silage and concentrate (triticale, rapeseed meal [RSM], premix) at a ratio 25:75 on a DM basis. Supplemental minerals and vitamins were provided in the form of a commercial premix for finishing cattle (Cargill Poland Ltd., Kiszkowo, code of product 7619) containing (per kg): 235 g Ca, 79 g Na, 48 g P, 28 g Mg, 500 g Fe, 2000 mg Mn, 375 mg Cu, 3750 mg Zn, 50 mg I, 12.5 mg Co, 12.50 mg Se, 250 000 IU vitamin A, 50 000 IU vitamin D₃, 1000 mg vitamin E, and 909.10 mg DL alpha-tocopherol. Calves were fattened to 450, 500, 550, or 600 kg BW, and transported over a distance of 90 km to the abattoir where they were kept in lairage with free access to water. After 24 h fasting and weighing, animals were slaughtered in accordance with industrial standards. Carcass weight was determined and carcasses were divided into half-carcasses (by cutting through the middle of vertebrae, with the tail at the right half-carcass). Half-carcasses were weighed and carcass dressing percentage (percentage ratio of carcass weight to live BW at slaughter) was calculated. Carcasses were classified into conformation classes and fat classes according to the EUROP system (Kien, 2004). Ninety-six hours post mortem, three-rib (10th-12th rib) sections were sampled from right half-carcasses (two cuts through a half-carcass, perpendicular to the spine, between the 9th and 10th, and the 12th and 13th thoracic vertebrae). Half-carcasses were divided into primal cuts in accordance with Polish Standard (Wołowina-Części zasadnicze PN-88/A-82003/ Ap1; Polski Komitet Normalizacyjny, 2004). Five most valuable cuts, i.e. shoulder, fore ribs, best ribs, loin, and round of beef were weighed and their percentage share in the right half-carcass was estimated. Three-rib cuts were dissected and percentage content of soft tissues (lean meat, fat, tendons) and bones was determined. After 96 h

carcass chilling, meat samples were collected from muscle *longissimus dorsi* (MLD) at the level of 11th-13th thoracic vertebrae. Samples were transported under refrigerated conditions to the laboratory at the Department of Cattle Breeding and Milk Evaluation, University of Warmia and Mazury in Olsztyn, Poland.

Fat extraction

Fat was extracted from ground meat samples by the Soxhlet method using the Büchi B-811 extraction system (Büchi Labortechnik AG, Flawil, Switzerland), with hexane as solvent. Crude fat content and percentage share of fatty acids were determined based on the following standards: PN-EN ISO 5509: 2001 For animal and vegetable fats and oils, and preparation of methyl esters of fatty acids, and PN-EN ISO 5508:1996 for animal and vegetable fats and oils (Żegarska et al., 1991).

Fatty acid profile

Fatty acid methyl esters were obtained by dissolving the extracted fat in a methanol-chloroform-H₂SO₄ mixture, followed by methylation according to the modified Peisker method (Żegarska et al., 1991). The percentage share of 31 fatty acids was determined by gas chromatography, using the Varian CP 3800 system with a split/splitless injector and a flame-ionization detector (FID). Samples (1 µL) of fatty acid methyl esters were placed on a CP-Sil 88 capillary column (length: 100 m, inner diameter: 0.25 mm). Data were processed using the Galaxie Chromatography Data System (Varian, Varian, Inc. Walnut Creek, California, USA). Fatty acids were identified by comparing their retention times with those of commercially available reference standards purchased from Supelco Inc. (Sigma Aldrich, St. Louis, Missouri, USA). Analyses of samples and reference standards were performed under identical conditions, i.e. carrier gas-helium, injector temperature 260 °C, detector temperature 260 °C, initial oven temperature 110 °C raised to 249 °C. Fatty acids were divided into the following categories:

saturated fatty acids (SFAs), unsaturated fatty acids (UFAs), including monounsaturated fatty acids (MUFAs) and polyunsaturated fatty acids (PUFAs). The following ratios were calculated: UFA/SFA, PUFA/SFA, and n-6/n-3 PUFA.

Statistical analysis

Data were processed statistically using Statistica version 10.0 software (StatSoft, 2011). Within each category (bulls, steers), animals were divided into four groups based on their slaughter weight: 450, 500, 550, and 600 kg. The effects of cattle category and slaughter weight on slaughter traits were determined by the least squares method, using the formula:

$$Y_{ijk} = \mu + A_i + B_j + (AB)_{ij} + e_{ijk}$$

where Y_{ijk} is value of the analyzed parameter, μ is population mean, A_i is effect of cattle category (1, 2), B_j is effect of slaughter weight (1-4), $(AB)_{ij}$ is category × slaughter weight interaction, and e_{ijk} is random error. Differences between means were estimated by Tukey's test.

RESULTS AND DISCUSSION

Bull carcasses, compared with steer carcasses, were characterized by better conformation and a higher muscle content (Table 2); significant ($p \leq 0.05$) differences were noted for the highest slaughter weight. In steers group, animals slaughtered at 550 kg BW received the highest carcass conformation scores. In bulls, higher slaughter weight was associated with better carcass conformation. Increasing slaughter weight increased carcass fat content in both calf categories. Within categories, significant differences in carcass fatness were noted between the lightest and heaviest steers and bulls. Steer carcasses had a significantly higher fat content, compared with bull carcasses. A cattle category × slaughter weight interaction was noted for carcass fat content; an increase in carcass fatness with increasing slaughter weight was considerably higher in steers than in bulls. Previous studies of young

Table 1. Chemical composition and nutritional value of experimental diets (mean ± SD).

Specification	Silage	Triticale	Rapeseed meal	Concentrate I	Concentrate II
Triticale, g kg ⁻¹				710	770
Rapeseed meal, g kg ⁻¹				250	190
N	9	1	1	7	7
DM	397 ± 109.3	881	887	883.9 ± 7.1	885.5 ± 8.2
On DM basis, g kg ⁻¹					
Organic matter	920 ± 30.6	981	927	932 ± 13.1	925 ± 18.3
Crude protein	141 ± 11.4	133	388	189 ± 15.1	163 ± 7.1
Neutral detergent fiber	569 ± 52.3	193	310	202 ± 11.2	184 ± 7.9
Acid detergent fiber	387 ± 59.2	44	228	72 ± 5.8	31 ± 8.2
Digestible organic matter digestibility	741 ± 55.9	932 ± 26.5	848 ± 4.4	-	-
Meat production units (UFV)	0.80 ± 0.03	1.21	1.01	1.18 ± 0.03	1.21 ± 0.02
PDIN ¹	82.2 ± 6.64	89	259	122.2 ± 2.4	112.4 ± 5.2
PDIE ²	69.5 ± 2.28	109	163	129.6 ± 5.2	121.1 ± 4.7

¹Protein digested in the small intestine depending on rumen degraded protein.

²Protein digested in the small intestine depending on rumen fermented organic matter.

Fermentation characteristics of silage: pH 4.8 ± 0.3, lactic acid 54 ± 20.4 g kg⁻¹ DM, volatile fatty acids 27 ± 5.3 g kg⁻¹ DM, water soluble carbohydrates 82 ± 47.6 g kg⁻¹ DM, N-NH₃ 103 ± 67.4 g 1000 g⁻¹ N, protein N 518 ± 45.6 g 1000 g⁻¹ N.

Table 2. Body weight bulls and steers at the end of fattening and results of the evaluation according to the EUROP system.

Traits		Body weight at the end of fattening (kg)								Interaction
		450		500		550		600		
		\bar{x}	SE	\bar{x}	SE	\bar{x}	SE	\bar{x}	SE	
Number	Steers	7		7		8		8		
	Bulls	7		8		8		7		
Average body weight at the end of fattening, kg	Steers	448.7	5.09	500.8	5.41	553.3	6.42	606.1	7.03	-
	Bulls	461.8	5.38	497.8	5.55	548.3	6.03	608.0	6.02	
Conformation score, pts ¹	Steers	9.3	0.64	8.6	0.68	8.4	0.50	8.5*	0.40	-
	Bulls	8.6	0.40	8.1	0.75	7.8	0.18	7.7*	0.40	
Fatness score, pts ²	Steers	5.0A**	0.69	5.2*	0.20	6.5**	0.29	8.9B**	0.20	**
	Bulls	2.6A**	0.40	4.2*	0.42	4.4**	0.28	5.0B**	0.62	
Dressing percentage, %	Steers	55.93*	0.89	57.12	0.56	57.31	0.11	57.72	0.40	-
	Bulls	58.53*	0.68	58.65	0.72	58.67	0.45	58.79	0.89	

SE: Standard error.

¹EUROP conformation: 1 muscling outstanding (class E+)-15 muscling very weak (class P-).²EUROP degree of fat cover: 1 none up to low fat cover (class 1-)-15 very high (class 5+).Means with different letter differ within a row: A, B ($p \leq 0.01$); a, b ($p \leq 0.05$); within columns: ** ($p \leq 0.01$); * ($p \leq 0.05$).

bulls revealed no significant effect of live BW at slaughter on carcass leanness and fatness (Keane, 2003; Albertí et al., 2005). In the present experiment, differences in fatness score of carcass were more noticeable in steers slaughtered at 550 and 600 kg BW. Carcass conformation and fat cover scores affect the market price of beef cattle (Albertí et al., 2005). Therefore, steers should not be fattened to 600 kg slaughter weight due to increased fat deposition in the range 550-600 kg BW. During the fattening of young cattle, fast growth of bones is followed by muscle development and fat deposition. In bulls castrated before reaching sexual maturity, androgen production is inhibited, and their carcasses contain more fat (Mach et al., 2009). In the current study, bulls had a higher carcass dressing percentage than steers, irrespective of slaughter weight. A significant difference of 2.6% was observed for the lowest slaughter weight. Dressing percentage was higher in heavier animals, which could result from higher carcass fatness, particularly in steers. In a study by Bartoň et al. (2003), crossbred beef bulls slaughtered at 550 kg BW had a lower carcass dressing percentage than those analyzed in our study (54.88%), at comparable average daily gains. Litwińczuk et al. (2006) reported that carcass dressing percentage increased with increasing slaughter weights of bulls. Such a correlation was not observed

in our study, most probably due to a high fat content of carcasses produced by heavier animals. Młynek et al. (2006) noted a higher muscle yield in heavier bulls.

The weights of five most valuable carcass cuts were higher in bulls; significant ($p \leq 0.05$) differences were observed for the highest slaughter weight (Table 3). The percentage content of five primal cuts, determined for different slaughter weights, varied between calf categories. In bulls, their percentage share of the half-carcass tended to increase with increasing slaughter weight, whereas in steers the lowest percentage content of five primal cuts was noted in the heaviest animals. A significant difference of 4.96% in mean values was observed between the heaviest bulls and steers. Muscle *longissimus dorsi* is a high-value section of the beef carcass, associated with lean meat content (Nogalski et al., 2013). Bulls had heavier MLD than steers, and significant differences were found for the lowest and highest slaughter weights. The percentage share of MLD in the half-carcass was higher in bulls, and significant differences were noted for slaughter weight 450 kg. There was a significant ($p \leq 0.05$) interaction between live BW at slaughter and cattle category for the percentage content of MLD in half-carcass. The cross-sectional area of MLD increased with increasing slaughter weight, and higher values of this trait

Table 3. Selected carcass quality parameters.

Traits		Body weight at the end of fattening (kg)								Interaction
		450		500		550		600		
		\bar{x}	SE	\bar{x}	SE	\bar{x}	SE	\bar{x}	SE	
Weight of five primal cuts, kg	Steers	69.3	3.72	74.6	1.67	84.7	1.36	87.3	2.31	-
	Bulls	70.5	2.63	77.2	3.36	88.2	2.10	96.5	2.05	
Share of five primal cuts in the right half-carcass, %	Steers	57.56A	0.36	55.96	0.24	57.52	0.53	53.45B**	0.35	-
	Bulls	57.05	0.59	58.47	0.89	58.67	0.98	58.41**	0.62	
Weight of m. <i>Longissimus dorsi</i> , kg	Steers	8.8	0.93	10.2	0.78	10.2	0.78	11.4	0.35	-
	Bulls	11.6	0.81	10.4a	0.68	12.1	0.82	14.7b	0.70	
Share of m. <i>Longissimus dorsi</i> in the right half-carcass, %	Steers	7.56	0.75	7.83	0.53	6.88	0.55	7.08	0.19	*
	Bulls	9.34	0.59	7.54	0.89	7.99	0.50	8.82	0.35	
Muscle <i>Longissimus dorsi</i> area, cm ²	Steers	79.8	5.35	91.3	3.72	95.1	2.50	91.5	2.38	-
	Bulls	83.1a	3.26	86.3a	5.12	97.8	4.21	102.7b	2.80	
Content of intramuscular fat in muscle <i>Longissimus dorsi</i> , %	Steers	1.42A	0.33	1.99a	0.46	2.26	0.37	3.27Bb**	0.48	-
	Bulls	1.01	0.09	1.18	0.15	1.32	0.34	1.52**	0.40	

Means with different letter differ within a row: A, B ($p \leq 0.01$); a, b ($p \leq 0.05$); within columns: ** ($p \leq 0.01$); * ($p \leq 0.05$).

were noted in bulls. In beef cattle, an increase in BW is usually accompanied by an increase in the cross-sectional area of MLD (Keane, 2003; Opatpatanakit et al., 2004; 2007). In the present study, a significant effect of live BW at slaughter on the cross-sectional area of MLD was observed only in bulls, which points to a longer period of muscle tissue growth in bulls compared with steers. The cross-sectional area of MLD was smaller in steers slaughtered at 600 kg BW than in those slaughtered at 550 kg BW. An increase in slaughter weight from 500 to 600 kg contributes to a higher proportion of high-value cuts in the carcass, in particular the rump (Sethakul et al., 2007). In our study, the proportion of five most valuable cuts in the half-carcass tended to increase with increasing slaughter weight in bulls. In steers, due to increased fat deposition, the percentage share of high-value cuts decreased in the heaviest animals, in comparison with those slaughtered at lower BW.

Intramuscular fat content increased with increasing slaughter weight, regardless of cattle category. In steers with the highest slaughter weight, the intramuscular content of MLD reached 3.27%, and the noted value was significantly higher than those determined for steers slaughtered at 450 and 500 kg BW. Lengyel et al. (2003) demonstrated that in HF steers, the intramuscular content of MLD increased considerably with age at slaughter. Fattening to higher weights significantly improves intramuscular fat content (Bruns et al., 2004). In the current study, intramuscular fat content was nearly two-fold higher ($p \leq 0.01$) in the heaviest steers, compared with bulls. Sharman et al. (2013) infer from the research that intramuscular fat tends to develop in a linear relationship with carcass weight, and that only a moderate level of energy intake is required for lipid filling of intramuscular adipocytes.

The tissue composition of three-rib cuts varied significantly between bulls and steers (Table 4). In steers, lean meat content decreased and fat content increased with increasing slaughter weight. In bulls, live BW at slaughter had no significant effect on the lean meat and fat content of the three-rib cut. Cuts from bull carcasses had a higher lean meat content than cuts from steer carcasses, with average differences ranging from 2% to 11.29%. Bulls and steers differed also considerably with respect

to fat content. Bone content was higher in bulls than in steers. An interaction between live BW at slaughter and cattle category, noted for the proportions of lean meat, fat and bones in the three-rib cut, resulted from a high fat content of carcasses produced by the heaviest steers. A study conducted in Ireland revealed that fattening crossbred (HF × Italian beef cattle breeds) steers to 600 kg had no significant effect on carcass fatness measured as the fat content of the hind quarter (Keane and Allen, 2002). Stehen and Kilpatrick (1995) demonstrated that in 'Limousin' × 'Friesian' bulls, steers, and heifers, increasing slaughter age and weight contributed to a higher carcass fat content estimated from the dissection of fore-rib joints, particularly in heifers and steers, and to a lesser extent in bulls. In the present study, fat content increased substantially and lean meat content decreased in the three-rib cut of steers already at 550 kg BW. In view of carcass tissue composition, the optimal slaughter weight of the analyzed crossbred steers is 500 kg.

Cattle category and slaughter weight had no effect on the share of UFAs in the total fatty acid pool in intramuscular fat (Table 5). Intramuscular fat extracted from bull carcasses contained significantly ($p \leq 0.05$) higher PUFA concentrations, compared with steer carcasses. A highly significant difference of 2.58 g 100 g⁻¹ was noted between the heaviest bulls and steers. The concentrations of n-6 PUFAs were also significantly higher in the intramuscular fat of bulls. The lightest steers were characterized by a significantly lower n-6/n-3 PUFA ratio. One of the major risk factors for cardiovascular diseases in humans is too high dietary intake of n-6 PUFAs and too low intake of n-3 PUFAs, resulting in a high n-6/n-3 PUFA ratio (Breslow, 2006). In our experiment, the slaughter weights of bulls and steers had no effect on the n-6/n-3 PUFA ratio in intramuscular fat. The optimal n-6/n-3 dietary ratio of 5:1 was not exceeded, and in the group of the lightest animals it was more desirable in steers than in bulls. Bilik et al. (2009) demonstrated that the fatty acid composition of meat from bulls was more favorable when the animals were fattened semi-intensively with a higher proportion of bulky feeds in the diet, compared with intensive fattening. The above findings were confirmed by Morales et al. (2012), who noted the lowest n-6/n-3 PUFA ratio in the intramuscular fat of MLD in grazed steers. De Smet

Table 4. Tissue composition of three-rib cuts (%).

Share in three-rib cuts		Body weight at the end of fattening (kg)								Interaction
		450		500		550		600		
		\bar{x}	SE	\bar{x}	SE	\bar{x}	SE	\bar{x}	SE	
Lean meat	Steers	52.74a**	1.53	55.86A	2.50	49.18B**	0.85	47.78Bb**	1.45	*
	Bulls	59.19**	1.83	57.86	1.13	60.47**	1.02	58.06**	1.61	
Fat	Steers	21.25A**	1.46	23.18A**	1.84	29.23B**	0.82	31.68B**	2.09	*
	Bulls	13.33**	1.08	17.15**	0.86	13.84**	0.97	16.68**	1.34	
Bones	Steers	21.72A	0.91	17.29B*	1.28	17.07B**	0.82	15.29B**	0.31	*
	Bulls	23.08a	0.95	20.24b*	0.62	21.81**	0.53	21.51**	1.09	
Tendons	Steers	4.28	0.47	3.66	0.24	4.51	0.62	5.24	0.66	-
	Bulls	4.39	0.54	4.73	0.67	3.87	0.43	3.74	0.49	

Means with different letter differ within a row: A, B ($p \leq 0.01$); a, b ($p \leq 0.05$); within columns: ** ($p \leq 0.01$); * ($p \leq 0.05$).

Table 5. Effect of sex and body weight at the end of fattening on fatty acid groups and ratios in intramuscular fat.

Fatty acid, g 100 g ⁻¹ total fatty acids		Body weight at the end of fattening (kg)								Interaction
		450		500		550		600		
		\bar{x}	SE	\bar{x}	SE	\bar{x}	SE	\bar{x}	SE	
SFA	Steers	49.89	0.962	50.80	1.164	49.54	1.876	49.15	0.614	-
	Bulls	50.87	0.592	51.32	1.417	50.30	0.702	49.33	1.334	-
UFA	Steers	50.10	0.954	49.30	1.105	50.46	1.874	50.85	0.613	-
	Bulls	49.13	0.592	48.66	1.414	49.71	0.701	50.82	1.342	-
MUFA	Steers	45.83*	1.212	45.84	1.024	46.48	1.743	47.22	0.687	-
	Bulls	42.43*	0.955	43.13	1.429	43.44	1.199	44.61	0.989	-
PUFA	Steers	4.26*	0.570	3.46*	0.243	3.97*	0.251	3.63**	0.380	-
	Bulls	6.69*	0.648	5.52*	0.258	6.27*	0.806	6.21**	0.913	-
PUFA/SFA	Steers	0.085	0.011	0.069	0.005	0.081	0.007	0.074	0.008	-
	Bulls	0.131	0.012	0.108	0.006	0.124	0.016	0.128	0.021	-
n-3	Steers	1.27	0.228	0.88	0.091	1.02*	0.077	0.88	0.123	-
	Bulls	1.59	0.134	1.41	0.164	1.58*	0.172	1.40	0.153	-
n-6	Steers	2.59**	0.318	2.21*	0.193	2.54*	0.186	2.23*	0.250	-
	Bulls	4.64**	0.513	3.49*	0.148	4.11*	0.585	3.90*	0.657	-
n-6/n-3	Steers	2.20*	0.178	2.64	0.284	2.52	0.223	2.62	0.085	-
	Bulls	2.93*	0.258	2.56	0.200	2.51	0.130	2.70	0.182	-

SFA: saturated fatty acids; UFA: unsaturated fatty acids; MUFA: monounsaturated fatty acids; PUFA: polyunsaturated fatty acids. Means with different letter differ within a row: A, B ($p \leq 0.01$); a, b ($p \leq 0.05$); within columns: ** ($p \leq 0.01$); * ($p \leq 0.05$).

et al. (2000) demonstrated that an increased fat content of bovine meat was paralleled by increased proportions of SFAs and MUFAs and a decreased proportion of PUFAs. In the current study, a higher intramuscular fat content of meat was accompanied by a considerable increase in MUFA concentrations and a decrease in PUFA levels with no increase in the share of SFAs, which could result from feeding grass silage *ad libitum*.

The proportion of selected essential fatty acids in the total fatty acid pool in intramuscular fat was affected by cattle category (Table 6). The intramuscular fat of bulls contained significantly larger amounts of linoleic and linolenic acids, and higher concentrations of EPA, DPA, and DHA, compared with the intramuscular fat of steers. Irrespective of the cattle category, the share of oleic acid in the total fatty acid pool increased with increasing slaughter weight. Concentrations of linoleic acid (C18:3) were significantly ($P \leq 0.05$) higher in fat samples collected from bull carcasses than in those taken

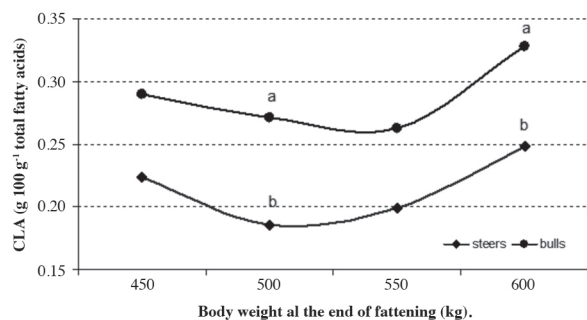
from steer carcasses. The share of CLA in the total fatty acid pool was significantly higher in bulls, and it reached the highest level in the heaviest animals (Figure 1). Conjugated linoleic acid (CLA) is formed by a precursor, the 18:1 *t*-11 fatty acid (*trans*-vaccenic acid), which is an intermediate fatty acid in the biohydrogenation process of the 18:2 *n*-6 fatty acid in the rumen, and this fatty acid can be transformed into CLA (18:2 *c*-9, *t*-11) by the delta-9-desaturase enzyme in the tissue of ruminants after being absorbed (Grinari et al., 2000). The PUFA/SFA ratio is meat from ruminants is undesirably low, mostly due to hydrogenation of dietary UFAs by the rumen microflora (Choi et al., 2000). The recommended values of the PUFA/SFA ratio are higher than 0.45 (Department of Health and Social Security, 1984). In the present study, the PUFA/SFA ratio in intramuscular fat ranged from 0.069 to 0.085 g 100 g⁻¹ in steers, and it was significantly higher in bulls at 0.108-0.131 g 100 g⁻¹. Ruiz et al. (2005) observed a higher PUFA/SFA ratio in the muscles of bulls (0.25) than

Table 6. Effect of sex and body weight at the end of fattening on functional fatty acid content in intramuscular fat.

Fatty acid, g 100 g ⁻¹ of total fatty acids		Body weight at the end of fattening (kg)								Interaction
		450		500		550		600		
		\bar{x}	SE	\bar{x}	SE	\bar{x}	SE	\bar{x}	SE	
C 18:1 <i>trans</i> 11 (TVA)	Steers	1.372	0.072	1.212	0.055	1.243	0.075	1.348	0.081	-
	Bulls	1.291	0.058	1.341	0.090	1.364	0.049	1.437	0.069	-
C 18:1 <i>cis</i> (OA)	Steers	36.93	0.831	37.68	0.747	38.75*	1.758	39.35	0.710	-
	Bulls	34.63	0.925	34.92	1.281	35.27*	1.311	36.27	1.003	-
C 18:2 (LA)	Steers	2.141**	0.207	1.910*	0.140	2.137*	0.111	1.947*	0.237	-
	Bulls	3.848**	0.330	3.026*	0.161	3.372*	0.456	3.229*	0.548	-
C 18:3 (LNA)	Steers	0.594*	0.068	0.513	0.042	0.560*	0.030	0.535*	0.059	-
	Bulls	0.956*	0.052	0.785	0.069	0.888*	0.112	0.859*	0.126	-
C 20:4 (AA)	Steers	0.456	0.119	0.305	0.072	0.405	0.088	0.284*	0.024	-
	Bulls	0.800	0.202	0.469	0.055	0.747	0.138	0.673*	0.120	-
C 20:5 (EPA)	Steers	0.098	0.040	0.079	0.027	0.056*	0.028	0.081	0.035	-
	Bulls	0.122	0.027	0.119	0.017	0.162*	0.010	0.129	0.020	-
C 22:5 (DPA)	Steers	0.292	0.038	0.180	0.046	0.225	0.029	0.223	0.043	-
	Bulls	0.343	0.066	0.252	0.021	0.380	0.054	0.310	0.039	-
C 22:6 (DHA)	Steers	0.119	0.094	0.018	0.004	0.079	0.048	0.012	0.002	-
	Bulls	0.029	0.005	0.082	0.041	0.079	0.024	0.070	0.025	-

TVA: *trans*-vaccenic acid; OA: oleic acid; LA: linoleic acid; LNA: linolenic acid; AA: arachidonic acid; EPA: eicosapentaenoic acid; DPA: docosapentaenoic acid; DHA: docosahexaenoic acid.

Means with different letter differ within a row: A, B ($p \leq 0.01$); a, b ($p \leq 0.05$); within columns: ** ($p \leq 0.01$); * ($p \leq 0.05$).



a, b ($p \leq 0.05$).

Figure 1. Effect of sex and body weight at the end of fattening on the conjugated linoleic acid (CLA) content in intramuscular fat.

of steers (0.16); both values were higher than those noted in our study.

CONCLUSIONS

Bulls, compared with steers, were characterized by a higher slaughter value. In steers, an increase in live body weight was accompanied by a considerable increase in fat content (higher than in bulls). The intramuscular fat of bulls was characterized by higher concentrations of fatty acids delivering health benefits, and a more desirable PUFA/SFA ratio. Semi-intensive fattening of 'Polish Holstein Friesian' × 'Limousin' bulls to slaughter weight of 600 kg is recommended due to an increase in carcass value. Steers should be fattened to slaughter weight of 500-550 kg to prevent excessive fat deposition.

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